



# The Yoga Studio of Shelby

for Mind, Body & Spirit

## CLIENT INFORMATION

(All information is necessary and strictly confidential.)

### Please Print Clearly

Today's Date: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Gender: Female Male

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ Apt. \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (        ) \_\_\_\_\_ E-Mail: \_\_\_\_\_

Emergency contact name: \_\_\_\_\_

Relation: \_\_\_\_\_ Emergency contact phone: (        ) \_\_\_\_\_

Medical concerns/issues: \_\_\_\_\_

Are you pregnant? Yes No

Overall fitness level: Low Avg. High

Primary form of Yoga: \_\_\_\_\_ Years of practice: \_\_\_\_\_

How did you hear about the Yoga Studio? Friend Doctor Ad Other \_\_\_\_\_

Whom shall we thank for the referral? \_\_\_\_\_

### Release of Liability

I understand that there are serious, inherent risks involved with all physical activity and that when doing yoga, exercise routines, or engaging in any similarly strenuous activity, I may suffer minor injury, serious injury or even death. I understand these inherent risks, and I assume all such inherent risks associated with participation in any activities in conjunction with the Yoga Studio and release the Yoga Studio, all employees, volunteers, or agents from liability.

I have carefully read, I understand, and as inducement to the Yoga Studio to allow me to participate in the class sessions, I agree to the foregoing.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Refund policy: Full refund within one week of signup; two weeks after signup, partial refund; three weeks after signup, no refund.**

